

A Report on International Yoga Day Celebration

held on 21st June 2021.

HJD Institute, Kutch organized yoga session for the faculties and students on 21st June 2021. The event took place at 8:30 am in School Assembly Hall (New workshop) situated at the Institute Campus. Faculty members and staff participated in the event considering all Covid-19 guidelines and social distancing. More than 60 students participated virtually by online presence. The event took place in below mentioned chronological order.

Sr. No	Events
1	Introduction Speech
2	Stretching Exercise
3	Surya Namaskar
4	Asana
5	Pranayama
6	Vote of thanks

The entire program was arranged and facilitated by Sports Committee of the Institute. IT support team supported the arrangement. Students and faculty members enthusiastically participated in the event and made it successful.

Glimpses of the event:



